

## Not-for-Profit Workforce Development Food Security Programs

Organization	Programs	Description	Category	Target	Contact	Website
Hearts and Hands Ministries Inc.	Hearts and Hands Ministries	Our goal is to help alleviate hunger by providing nutritious food, personal care items, and social service information to those who need them. Our hope is to sustain, strengthen, and educate individuals/families that live in our community and surrounding areas.	Food Security	Youth	hartandhandsministr	<a href="#">Website</a>
Hendersonville Samaritan Association	Care Package Program	In 2009 Hendersonville Samaritan Association partnered with several local service organizations and small groups with the goal of providing two day's worth of food for needy school children to take home on the weekends. The child in need is identified by the staff of his/her school. Packets are provided to the schools to distribute each Friday	Food Security	Youth	615-824-7105	<a href="#">Website</a>
Hendersonville Samaritan Association	Community Soup Kitchen	A free community meal is offered on the 2nd and 4th Monday of each month from 1-5pm at Community Church of Hendersonville located at 381 W Main Street.	Food Security	All	615-824-7105	<a href="#">Website</a>
Mid Cumberland Community Action Agency	The Nutrition Program	The Nutrition Program is designed to provide resources and education for low-income families lacking the knowledge and tools required to make appropriate nutrition choices. Through the Nutrition Program MCCA, is providing services to help improve the quality of life for low-income individuals and households. Clients requesting Food Pantries and Nutrition Education services must meet CSBG income eligibility guidelines. Clients requesting Commodity Food Program services must meet USDA income eligibility guidelines.	Food Security	All	615-742-1113	<a href="#">Website</a>
Mid Cumberland Community Action Agency	USDA Commodity Food Program	USDA Commodity Food Program provides non-perishable food items to eligible households through a partnership with the USDA and the The Emergency Food Assistance Program (TEFAP). Households must meet USDA income guidelines. Each county office hosts quarterly food distribution days for the general public who meet necessary guidelines. For USDA Commodity Distribution sites	Food Security	Adults	615-742-1113	<a href="#">Website</a>
Mid Cumberland Community Action Agency	Meals-on-Wheels	A hot meal and a good friend are two of life's greatest enjoyments. Meals-on-Wheels has been providing both for more than 40 years. In fact, we provide congregate meals, home-delivered meals, outreach, nutrition education, supportive services, and recreational activities for individuals age 60 and older.	Food Security	Adults	615-742-1113	<a href="#">Website</a>
Gallatin Cares	Gallatin CARES	Provide short-term relief and economic assistance to those in need in Gallatin and surrounding Sumner County. Our services are specialized with offerings through our thrift store which is open Monday - Friday from 8:00 a.m - 3:00 p.m and our food pantry which is open each Wednesday from 9:00 a.m. - 11:00 p.m.	Food Security	Adults	615-452-5732	<a href="#">Website</a>